







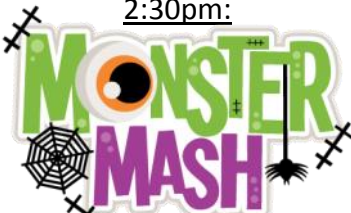

OCTOBER 2019

4C Daily Therapeutic Recreation Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1. <u>10am:</u> Morning Prayer <u>10:20am:</u> Joe the Singer <u>11am:</u> Calendars & Visits <u>2pm:</u> Walks to the Lounge <u>3pm:</u> Bingo in the Lounge <u>3pm:</u> Quiet Relaxation & Hand Massages <u>4pm:</u> Sing-a-long songs <u>5pm:</u> One to ones with Barbara	2. <u>10am:</u> Mass in the Aud. <u>10am:</u> Walks with Barbara <u>11am:</u> Coffee Club on the Front Patio <u>2pm:</u> Joe the Singer <u>3pm:</u> Tabletop Games & Music <u>4pm:</u> Quiet Time with Dean Martin <u>5pm:</u> One to ones	3. <u>10am:</u> Morning Prayer <u>10:20am:</u> Arm Exercise <u>11am:</u> Joe the Singer <u>2:30pm:</u> Oktoberfest Celebration with Flo Michaels in the Aud. <u>4:45pm:</u> One to ones with Toure	4. <u>10am:</u> Mass in the Aud. <u>10:20pm:</u> Walks to the Lounge <u>11am:</u> Storytime with Ro in the Lounge <u>2:30pm:</u> Cooking in the ADL Room <u>2:30pm:</u> Movie in the Aud. <u>2:30pm:</u> Quiet Time and Hand Massages <u>4:30pm:</u> Evening Exercise <u>5pm:</u> One to ones	5. <u>10am:</u> Morning Prayer <u>10:20am:</u> Vicky's Oldies Trivia <u>1:30pm:</u> Manicures, Music and Hand Massages with Jeta
6. <u>10am:</u> Mass in the Aud. <u>2pm:</u> Your Favorite Oldies Tunes with Joe the Singer 	7. <u>10am:</u> Morning Prayer <u>10:20am:</u> Lounge Walks <u>10:30am:</u> Aromatherapy in the Lounge <u>10:30am:</u> Dayroom Activity <u>2pm:</u> Whiteboard Word Games with Barbara <u>3pm:</u> Quiet Relaxation <u>4pm:</u> Afternoon Exercise <u>5pm:</u> One to ones	8. <u>10am:</u> Morning Prayer <u>10:20am:</u> Puzzles & Such <u>11:20am:</u> Barbara's Trivia <u>2pm:</u> Walks to the Lounge <u>2:30pm:</u> Storytime with Ro in the Lounge <u>3pm:</u> Bingo in the Lounge <u>3pm:</u> Dayroom Relaxation <u>4pm:</u> Sing-a-longs <u>5pm:</u> Visits with Vicky	9. <u>10am:</u> Mass in the Aud. <u>10:20am:</u> Walks to the Back Lounge <u>11am:</u> Task Work <u>2pm:</u> Joe the Singer <u>2:30pm:</u> Big Bowling in the Aud. <u>5pm:</u> One to ones with Barbara	10. <u>10am:</u> Morning Prayer <u>10:20am:</u> Joe the Singer <u>11am:</u> Morning Movement with Toure <u>1:30pm:</u> Dynamic Duo Home Cooking Program <u>3pm:</u> Quiet Time with Gino <u>4:30pm:</u> Toure's Hit Parade	11. <u>10am:</u> Mass in the Aud. <u>10:20am:</u> Reminisce with Gino <u>11am:</u> Leisure Strolls <u>2:30pm:</u> Gino's Therapy Pets <u>2:30pm:</u> Casino Games in the Aud. <u>3pm:</u> Tabletop Games <u>5pm:</u> One to ones with Gino	12. <u>10am:</u> Morning Prayer <u>10:20am:</u> Tabletop Games and Puzzles with Rosa <u>1:30pm:</u> Relaxation Program– Soothing music and Hand Massages
13. <u>10am:</u> Mass in the Aud. <u>1:30pm:</u> Manicures, Music and Hand Massages with Jeta & Ja 	14. <u>10am:</u> Morning Prayer <u>10:20am:</u> Walks to the Lounge <u>2pm:</u> Joe the Singer <u>3:20pm:</u> Columbus Day Coloring	15. <u>10am:</u> Morning Prayer <u>10:20am:</u> Joe the Singer <u>11:20am:</u> Sensory Box <u>2pm:</u> Walks to the Lounge <u>2:30pm:</u> Storytime in the Lounge <u>3pm:</u> Bingo in the Lounge <u>3pm:</u> Quiet Relaxation & Hand Massages <u>4:30pm:</u> One to ones with Barbara	16. <u>10am:</u> Mass in the Aud. <u>10:20am:</u> Task Work <u>11am:</u> Reminisce with Barbara: Your Favorite Halloween Memories <u>2pm:</u> Singing with Cheryl <u>4:30pm:</u> Afternoon Stretch! <u>5pm:</u> One to ones with	17. <u>10am:</u> Morning Prayer <u>10am:</u> Barbara Visits <u>11am:</u> All About Halloween with Toure <u>2pm:</u> Joe the Singer <u>3pm:</u> Halloween Coloring <u>4pm:</u> Quiet Relaxation & Hand Massages <u>5pm:</u> One to ones	18. <u>10am:</u> Mass in the Aud. <u>10:20am:</u> Tabletop Games <u>11am:</u> Halloween Trivia <u>2:30pm:</u> Cooking in the ADL Room <u>2:30pm:</u> Monster Movie in the Aud. <u>5pm:</u> One to ones with Gino	19. <u>10:20am:</u> Vicky's Paper Craft Project <u>1:30pm:</u> Balloon Volleyball and Italian Music with Rosa 

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>20 <u>10am</u>: Mass in the Aud. <u>12:30pm</u>: Brunch Club for the C Side: Loretta's Pizza</p> 	<p>21. <u>10am</u>: Morning Prayer <u>10:30am</u>: Aromatherapy in the Lounge <u>11am</u>: You Pick the Music <u>2pm</u>: Afternoon Delights <u>4:30pm</u>: Stretch and Move <u>5pm</u>: One to ones</p>	<p>22. <u>10am</u>: Morning Prayer <u>9:30am</u>: Sing-a-long songs with Barbara <u>12:30pm</u>: Have You Tried Greek Food? Luncheon in the Aud. <u>2pm</u>: Joe the Singer <u>3:30pm</u>: Quiet Relaxation & Hand Massages</p>	<p>23. <u>10am</u>: Mass in the Aud. <u>10:20am</u>: Puzzles & Such <u>11am</u>: Sensory Box <u>2pm</u>: Dance and Sway with Toure <u>4pm</u>: Quiet Time with Frank Sinatra <u>5pm</u>: One to ones with Barbara</p>	<p>24. <u>10am</u>: Morning Prayer <u>10:20am</u>: Joe the Singer <u>11:20am</u>: Hand Massages with Toure <u>2:30pm</u>: Halloween Opera in the Aud. <u>5pm</u>: One to ones</p>	<p>25. <u>10am</u>: Mass in the Aud. <u>10am</u>: Walks with Barbara <u>10:20am</u>: Tabletop Games <u>11am</u>: Balloon Volleyball <u>2:30pm</u>: Quiet Time with Barbara <u>2:30pm</u>: Cooking in the ADL Room <u>4pm</u>: Hand Massages with Gino <u>5pm</u>: One to ones</p>	<p>26. <u>10am</u>: Morning Prayer <u>10:20am</u>: Tabletop Games with Nadia <u>2:30pm</u>: Joe the Singer in Concert in the Auditorium</p> 
<p>27. <u>10am</u>: Mass in the Aud. <u>1:30pm</u>: Hand Massages, Manicures & Music with Ja</p>	<p>28. <u>10am</u>: Morning Prayer <u>10:20am</u>: Walks to the Lounge <u>10:30am</u>: Aromatherapy in the Lounge <u>10:30am</u>: Balloon Volleyball <u>11:30am</u>: Walks to the Day-room <u>2pm</u>: Gino's Therapy Pets <u>3pm</u>: Relaxation & Meditation <u>4pm</u>: Gino's Oldies Trivia <u>5pm</u>: One to ones</p>	<p>29. <u>10am</u>: Morning Prayer <u>10:20am</u>: Joe the Singer <u>10:20am</u>: Quiet Lounge <u>11am</u>: Sensory Box <u>2pm</u>: Walks to the Lounge <u>3pm</u>: Bingo in the Lounge <u>4:30pm</u>: Sing-a-long with Barbara <u>5pm</u>: One to ones</p>	<p>30. <u>10am</u>: Mass in the Aud. <u>10:20am</u>: Puzzles & Such <u>11am</u>: Word Games <u>2:30pm</u>: THE BINGO SHOP! Cash in your Bingo Bucks for Prizes-- in the Aud. <u>4pm</u>: Quiet Time with Perry Como <u>5pm</u>: One to ones</p>	<p>31. <u>10am</u>: Morning Prayer <u>10:20am</u>: Joe the Singer <u>2:30pm</u>:  In the Auditorium with Flo Michaels!</p>		

Notes:

- All program take place in the Dayroom unless otherwise noted
- Family and friends are invited to attend any and all of our events
- If you have any questions comments or concerns please contact Michelle Luchetti at (718) 514-8384 or mluchetti@providencerest.org